

# Faces of FRONTIER: *FOCUSED ON THE MISSION*



**Cathi Duggan, CNM**  
*FNU Nurse-Midwifery Graduate, Class 39*

It was Cathi Duggan's incredible birth experience with a Frontier nurse-midwife that gave birth to her own career dream.

During the prenatal care and birth of her last child, Cathi became completely enamored with the type of care provided by midwives. Later, during a well-woman visit with her midwife, Karen Helms Curles, a CNEP Class 2 graduate, she asked where she had studied, and Cathi spotted the Frontier diploma on Karen's wall. After struggling with "many excuses why it wouldn't work in our family's life," Cathi finally answered the call to become a nurse-midwife.

"I often told her how her job sounded like one I'd enjoy," Cathi said, "until one day I had run out of excuses not to become a nurse-midwife."

In 2005, Cathi, a Class 39 CNEP alumna, graduated from Frontier with her MSN in nurse-midwifery. She was drawn to Frontier by the tradition, the holistic model of care, and the distance-education model that worked with her busy family schedule. Since graduating, she has stayed involved with Frontier, serving as secretary of the Alumni Council.

Today, Cathi and her family serve as missionaries to Latin America and the Caribbean, working with Reachglobal, the mission arm of the Evangelical Free Church of America. Cathi provides care to Nicaraguan refugees in an impoverished barrio near San Jose, Costa Rica. She works with refugees living at La Carpio, a squatters' community built on a garbage dump. Cathi also serves the underserved women of Costa Rica and families working as missionaries there. Seeing the widespread need and lack of resources to the underprivileged worldwide, Cathi's next steps may lead to a Ph.D. in Public Health with a concentration on maternal-child populations.

Check out Cathi's blog to learn more about her experiences in Costa Rica, [cathiincostarica.blogspot.com](http://cathiincostarica.blogspot.com).



Cathi Duggan, Class 39 CNEP Alumna, serves with her family as missionaries in rural Costa Rica.

**Cathi,  
a missionary,  
cares for  
underserved  
women in Costa  
Rica and also  
works with  
refugees living  
in a squatters'  
community.**

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